



Steinar Aadnekvam Rubem Farias Deodato Siquir *FREEDOMS TRIO II*

In 2015 I returned to Scandinavia after many years in north eastern Brazil and celebrated 10 years as a professional musician with the release of my first album for Losen Records, titled 'Freedoms Tree' . For me personally it was a milestone, the title of which suggesting an ongoing quest to find truth in expression, an abstract idea of a growing celestial body of sincerity that stretches its embrace.

Among the graceful presence of numerous astonishing musicians, the album was also the first collaboration with drummer Deodato Siquir, from Mozambique, and the friendship we found soon evolved onwards to something we naturally called 'Freedoms Trio' when bassist Rubem Farias, from Brazil, joined us to form what became a regular band.

So what is this 'Freedom' ? Well,

It's a feeling. It's a style.
Freedom is definitely a healer, and it comes with a smile.
Freedom is expression, it's the giving and the taking of a chance.
Freedom lives in music. Freedom lives in dance.
Keep fighting the good fight !

Steinar Aadnekvam, January 2018

In 2016 we went on to record the first trio album for Losen Records, titled 'Freedoms Trio' and following that album the trio has been fortunate to perform over 100 concerts across Europe, sharing many great moments with amazing music audiences and making many new good friends on the way.

From the very beginning a clarity in vision of what we are trying to achieve and express musically has existed among us but through the process of time that vision has been even further refined and from this came the desire to make the album you are holding in your hands, the sequel: Freedoms Trio II.



I had the pleasure of sitting in with 'Freedoms Trio' not long ago at a festival in Europe. I had heard them play the night before and really enjoyed them. Playing with them was a ball.

This new recording is evidence of a steady progression. Their music is both complex and joyful, full of passion and energy. Not only do you hear amazing guitar playing from Steinar Aadnekvam, but equal musicianship from drummer Deodato Siquir and bassist Rubem Farias. Plus they have a natural synergy which can be rare, especially when the musicians are so accomplished individually. People should hear 'Freedoms Trio' . Gives you hope.

Robben Ford, January 2018

(American guitar legend and Miles Davis alumni)

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MusikkLosen
Tel. + 47 22 19 82 82
info@losenrecords.no
www.losenrecords.no