

# Masha Art & LRK Trio

## Anesthesia



MASHA ART & LRK TRIO

ANESTHESIA

Losen Records LOS 217-2

1. **Flow** 6:44
2. **Lavanda's Dream (dedicated to my dog)** 4:12
3. **8th of November** 4:27
4. **Trees Speech** 4:08
5. **Painless** 5:06
6. **Take Him** 4:21
7. **Into the Sea (RIP my sister Anya)** 7:02

Total Time: 36:00

**Masha Art** saxophone  
**Evgeny Lebedev** piano, keys, metalophone  
**Anton Revnyuk** bass, dbass  
**Ignat Kravtsov** drums, metalophone  
**Maria Kulakova** harp (1,2,5,6,7)

All compositions by Masha Art  
Recorded October 2018 by Andrey Levin at Studio Mosfilm, Moscow, Russia  
Mixed December 2018 by Bosse Savik at Savik Sound, Munkedal, Sweden  
Mastered January 2019 by Bosse Savik at Savik Sound  
Produced by Masha Art and LRK Trio  
Executive producer Odd Gjelsnes  
Photos by Ekaterina Karnatskaya  
Cover design by design holtmann

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LOS 217-2

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Feeling blue and a bit melancholic is the only normal feeling for me. In this state, I always felt the most alive. Besides, this sombre malaise does seem to have a lot of shades.

Sometimes, physical pain overshadows heartache. When we experience physical pain, we can simply take a pill. Being under anaesthesia helps us to return to our true personality.

This album is not just about sadness but also talks to us about reflecting on life, grief, contemplation and different states of a human soul. Everyone experiences sadness in his or her own peculiar and somewhat mysterious way. While one person might simply want to run away from it all, another might seek to find an existential meaning of oneself in this state of mind. It is no wonder that we have numerous masterpieces being precisely dedicated and inspired by the feeling of sadness.

In the background of some songs, you may hear the sound of a harp and you may ask why that instrument is included here. For me it has always been an instrument associated with my hometown – gloomy Saint Petersburg, a city that is often held to be synonymous with the colours grey and blue, due to the weather. Listening to the album might help you to find a yet undiscovered part of yourself.