









Welcome

take us to the greatest flowers - the brightest ones Welcome

take us to the smallest flowers - the brightest ones

Goodbye

leave us among the greatest flowers - the brightest ones

leave us among the smallest flowers - the brightest ones

Sleep

let me out

tell me about life in grey

Maja Sojtaric, music critic Tromsø, Norway.

It inspires the power of your own imagination.

As is much of the experience with Sverre Gjørvad's compositions - what you bring along as a listener matters profoundly.

And maybe somewhat of a slavic sentimentality. But then again, that is in the ear of this listener.

On this particular album there is also a contribution from Embrik Snerte, bassoon on two of the songs. The woodwind brings both an eeriness and a lightness to the stories that are told.

There is a highly cinematic approach to compositions all through the three elemental albums that Gjørvad has created in the past three years. With him a constant trio: Herborg Rundberg, With him a constant trio: Herborg Rundberg, piano; Kristian Svalestad Olstad, guitar, and Dag Okstad, bass. All engaged in this work with nature and storytelling in their own unique, and boundary breaking way.

Transformation is the core of Sverre Gjørvad's compositions. The nature that is transformed by through sound, sound that is transformed by reconstruction of time and melody, melody that transforms into stories.

Ah to give this sound to nature - an offering, a sacrifice, a breathless short story told with bold rhythm and a soft touch.

Ah to relish in the darkness and the levity - caressing nature itself without reproach, without demands, within oneself.

invisible hand.

Ah to break and build and creah through space of sound. Ah the silence. The value of a comma in a story. The value of the breath in the telling. The golden thread itself that stitches with an

The burning, flowing, bright and constant.

النو Water Air Earth

Ah to tell these stories of elements that rule and swallow our lives - so enviously cyclical, indestructible, constant.

Ah to ride the noise that has no name and call it a guitar that clouds the crispness of the Arctic autumn air.

Ah to break through the monotony of silent space with a billowing boom from the bellows of the bass and swoon.

Ah to scratch the skins with the sticks and break the ice of the river, crackling and rushing to devour and destroy.

Ah to move the fingertips slightly over the keys to build a palace in the sky.

Herborg Rundberg piano, voice

Dag Okstad bass, voice

Kristian Svalestad Olstad guitars, voice

Embrik Snerte bassoon on tracks 1 & 9

Sverre Gjørvad drums and percussion, voice



1 All of a Sudden (it's too late) 5:07

2 Skårjage 4:31

3 The Neighbourhood Pond 4:02

4 Never Ever 1:15

5 **Dismantle** 4:13

6 Massively Uncomfortable Rock (c'est la vie) 5:00

7 Jordi Roca y Laia Costa 3:49

8 Swedish Braids 8:10

9 **Searching Hometowns** 7:45

Total Time 43:52

All compositions by Sverre Gjørvad, except track 1 by Andy Partridge.

Recorded July 26-29, 2021 by Kristian Svalestad Olstad at Kysten Studio, Tromsø, Norway Mixed September 1-5, 2021 by Kristian Svalestad Olstad at Room 225, Tromsø.

Mastered September 13, 2021 by Morten Lund at Lund's Lyd, Oslo, Norway Produced by Sverre Gjørvad

Executive producer Odd Gjelsnes

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Thank you Laura Kjølås

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