

- 1 **Secondo Me** 6:18
- 2 **Dicembre** 4:59
- 3 **Impro I** 3:12
- 4 **Al Quinto Piano** 6:55
- 5 **Birrozza** 6:01
- 6 **Impro II** 1:40
- 7 **Rubato** 5:20
- 8 **Impro III** 1:04
- 9 **B.M.W.** 4:19

Total Time 39:48

Lorenzo Nardocci piano
Andreas Dreier double bass
Terje Evensen drums

All compositions by Lorenzo Nardocci
 Recorded June 28 & 29, 2021 by Martin Abrahamsen at Rainbow Studio, Oslo, Norway
 Mixed and mastered in August & September 2021 by Martin Abrahamsen at Rainbow Studio
 Produced by Lorenzo Nardocci
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LORENZO NARDOCCI TRIO Secondo Me

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*Yours Truly,
Lorenzo Nardocci*

to those who funded my album: Creo, Norsk Jazzforum and especially Ebba Nielsens Minnefond for their confidence in my project. Thanks to Bjørn-Egil Brekke for the wonderful pictures of nature around the place we both live. Biggest thank you to the two great musicians playing with me on this album - for spending many hours with me, playing, talking, video-chatting, advising...you rule Terje & Andreas!



Birrozza is my love, my family. This song is made especially with my beloved wife in mind. Yes, this is a love song! The soulful groove is the way I feel together with her: swinging, relaxed and happy. *B.M.W.* are my kids, always in action, funny, lovely dynamosi!

The album also includes three short improvisations: these are pure moments of joy in between recordings at the wonderful recording studio named Rainbow.

I thank my family for their support and patience during my absence. I wish to thank Martin at Rainbow Studio for a great job. Special thanks

This is the second album from Lorenzo Nardocci! Trio: awesome!

It includes six new compositions developed during the last year through great interplay with Andreas and Terje. Themes are based on life's everyday moments and on important people in my life. This is, in fact, the essence of the album title *Secondo Me (According to me)*. That is also the way the album opens. *Secondo Me* is a light C-major melody on a sweet samba, a reflection on how much I love life, music, and this beautiful instrument with its endless sounds and expressions.

Dicembre is a representation of the crazy life of a gigging musician at the most beautiful time of the year: running from gig to gig, from church to club, from heaven's imaginary scenarios to sitting the most whist working on those melodies; respectively the church in my town, Langhus kirke, and the Norwegian Academy of Music in Oslo, up on the 5th floor, as the title says, where all the rehearsal rooms are.



digital Bethlehem.