1 BIRDS' UNREST 8:27 2 WEATHER AHEAD 4:40 3 CALMING SEA 4:06 4 ON THE HORIZON 6:33 5 SILENCED SAILS 6:33 6 INFILTRATION 5:39 7 NAVIGATING STARS 3:26 8 FREE AT LAST 5:07 TOTAL TIME 45:31

All compositions by Per Mathisen, except #8 composed by all three musicians All tracks recorded live in the studio Recorded February 2023 by Sven Andréen at Klokkereint Studio, Gjøvik, Norway Mixed March 2023 by Audun Kleive at Audun's Room, Gjøvik and Sven Andréen at Klokkereint Studio Mastered March 2023 by Sven Andréen at Klokkereint Studio Produced by Audun Kleive and Per Mathisen **Executive producer Odd Gjelsnes** Cover photo by Zoran Ćirić, official Nišville Jazz Festival photographer, edited by Tatjana Topić Musician photos by Tatjana Topić Design by Max Franosch Per Mathisen plays EBS amps and effects, Elixir strings, Dilian Obretenov electric basses and Kolstein acoustic upright basses Nguyên Lê appears courtesy of ACT Records Financial support by Fond for lyd og bilde & Fond for utøvende kunstnere

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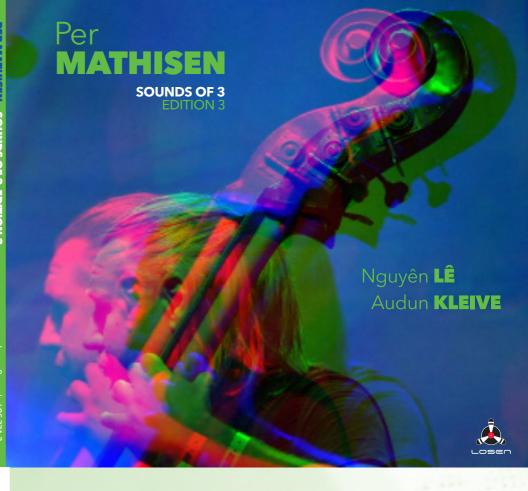


Per MATHISEN acoustic upright & electric basses, sound effects

> Nguyên LÊ guitar, sound effects

> > Audun KLEIVE drums

> > > LOS 274-2



Dear Listener!

Thank you very much for picking up a copy of this recording, I really hope you'll enjoy listening to it as much as we did making it. Believe me, it was a thrill from start to end with these two incredible musicians. They are both performing with their completely original musical voices, and I sincerely think the joy and excitement, we had in the studio, can be heard shining through the music.

All the tunes, with their titles, are connected to the Viking way, how they were reading the sea and nature, the vast knowledge and wisdom they held and what they had to deal with.

Birds' Unrest When the birds are stressed about something, giving a warning sign to the sailors that weather can change.

Weather Ahead When they discovered bad weather coming towards them.

Calming Sea When the ocean is very pleasant and relaxing.

On The Horizon Sailors always looks at the horizon to be prepared for whatever comes their way.

Silenced Sails When there is no wind and the boat is just moving slowly up and down in old waves, not going forward.

Infiltration When an enemy from the outside infiltrated the group, pretended to be friendly but was sent as a spy.

Navigating Stars The Vikings were extremely good navigators and used the stars to find the way around the globe.

Free At Last The tune is a completely FREE improvisation and the LAST track on the record. Actually the three different instruments were not recorded at the same time, and even without having heard what the others did. The three separate tracks were mixed together from start to end without any edits or cut. A truly spiritual match that cannot be explained, happened. Free At Last meaning of course also what we all are fighting for.

Yours truly, Per "BASS VIKING" Mathisen