1 **T & T** 7:16

2 SUNNY BOYS 5:42

3 NOVEMBER SONG 7:01

4 **JO-JOHNNY-JUNE** 5:40 5 **Q'S LAND** 4:17

6 FAT BOY 6:26

7 **THAI SONG 1** 6:00

8 **THAI SONG 2** 6:08

**9 LITTLE K** 5:58

**10 THE SIDEMAN** 5:17

**11 LATE BLOOMER** 3:42

Total time 63:27

All compositions and arrangements by Agnar Aspaas

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Mixed April 13 & 14
Mastered April 25, 2025
by Leif Johansen
at Newtone Studio, Oslo, Norway
Produced by Agnar Aspaas
Executive producer Odd Gjelsnes
Photos by Ronny Østnes
Design by Max Franosch

MAGNE ARNESEN PIANO

MAGNUS AANNESTAD OSETH TRUMPET, FLUGELHORN

ERLEND VANGEN KONGTORP
TENOR SAXOPHONE

AGNAR ASPAAS UPRIGHT BASS

MAGNUS SEFANIASSEN EIDE DRUMS



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This album consists of my own compositions from over 40 years and reflects inspiration from American post-war jazz. Over the years, I've been content to be a sideman for leading Norwegian musicians, and my own songs have long remained tucked away in a desk drawer. But now, at a mature age, I've gathered the courage to assemble a team made up of three generations of Norwegian musicians:

Pianist Magne Arnesen belongs to the middle generation of Norwegian jazz, and we've played together for more than 20 years. From the younger generation, I've brought in my top picks: trumpeter Magnus Aannestad Oseth, tenor saxophonist Erlend Vangen Kongtorp, and drummer Magnus Stefaniassen Eide. These outstanding musicians have added youthful creativity and energy to the songs and have elevated them to a level I could never have imagined. Big thanks to you all!

Some song titles refer to the things near and dear: "Little K", "T & T", "Jo-Johnnie-June", and "Sunny Boys" all allude to my grandchildren. The title "The Sideman" refers to my own life as a musician. "Late Bloomer" is dedicated to trumpeter Erik Halvorsen, who, with his CD releases later in life, was an important inspiration for me to do the same. "November Song" refers to this. "Q's Land" is a thank-you to guitarist Halvard Kausland, who, for more than 20 years of collaboration, was a central mentor for both Magne Arnesen and myself. "Fat Boy" is a greeting to everyone who was picked last for the dodgeball team – from someone who was himself picked last for the dodgeball team. "Thai Song 1 & 2" are the oldest of the compositions. They came about after I watched a harrowing documentary from Thailand about the abuse of young girls; I sat down at the piano, and suddenly the themes were there, which I later developed further.

A sincere thanks for listening to the album – I hope you enjoy the sound of my excellent fellow musicians!

Agnar Aspaas, June 2025